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| November Newsletter |
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First Chance for Children



# Upcoming Events

## November 17

The Raising of America free film screening & pizza (info on pg 2.)

## This Month

We will hold a special event for families, check our Facebook or Twitter for more information!

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| Lend and Learn Library Lend and Learn Library is open from 9-12:30 every Monday-Thursday. It is closed any day Columbia Public schools are closed.  At the L&L you can bring any child under 3, and their siblings up to age 5!  We always have a child care specialist on staff to answer any questions you might have about your growing child.  Don’t have time to stay and play? That’s okay! We provide toys and games for check out. |

1010 Fay St. Columbia, MO 65201

http://www.firstchanceforchildren.org/ T: (573) 777-1815

Follow us on Facebook & Twitter

First Chance for Children | @FC4children

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| Dear reader,  As the weather gets cooler, things are just warming up here at First Chance. Check out our upcoming events for all the exciting things to come this fall.  Warm regards,  First Chance for Children |
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## In the News

Reading for a Larger Vocabulary

A new study finds children may learn more unique words when adults read to them than in ordinary conversation.

The study done by Indiana University found that… “the greater statistical diversity of words and linguistics contexts is associated with better language outcomes.” One way caregivers can create this diversity is to read picture books. The study found that overall the picture books had more unique words than the speech typically used when talking with children. The unique words, matched with pictures, made it easier for children to learn, and build their vocabulary.

Jessica L. Montag, Michael N. Jones, and Linda B. Smith

**The Words Children Hear: Picture Books and the Statistics for Language Learning**

Psychological Science September 2015 26: 1489-1496, first published on August 4, 2015 doi:10.1177/0956797615594361

Need books to read? First Chance for Children offers many different books through PAT+ and the Lend and Learn Library

# More Important News



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| In the CommunityFree Thanksgiving Dinner November, 26th  In need of a thanksgiving dinner? Come to Almeta Crayton’s ‘Everybody Eats’. Follow Almeta Crayton’s Community Programs on Facebook for updated information on the time and location.  **Arc**  On Monday and Fridays kids can come play with an adult for $1 Library Programs Did you know your public library offers free programs for you and your child? Check out your library’s webpage for more details.  **Looking for more?**  Check out comokidsfun.com for tons of great activities right here in Columbia |

## Spotlight on: Prematurity Awareness Month

Each year, right here in Missouri, more than 1 in 10 babies are born premature. First Chance for Children has the support you need. If you are eligible for WIC, we can provide your new family with a crib, diapers, developmental support, and many other necessities.

**Safety tip: Sleep**

Premature babies, and babies with low birth weight have a higher risk of SIDS. To prevent this here are several tips to keep your baby safe in their sleep:

* Babies should sleep in their own crib, not with anyone, or in an adult bed, chair, or couch.
* Always place them on their back to sleep
* Make sure the crib is empty, with only a firm mattress and fitted sheet
* Don’t smoke or allow smoke around your baby

**Activity: Tummy time**

With a blanket on the floor, place your baby on his belly. Lie in front of him and talk about what he sees and is doing. Encourage him to lift his head. Respect his cues, when he is done looking he will turn away and rest, he may look back up again. Tummy time should be short, but can be repeated several times a day, whenever your baby is awake and alert.

**The Raising of America**

November 17th at 6:30pm there will be a free community screening of a film discussing early childhood and the future of our nation. Come join us at Shakespeare’s South at 6:30 for free pizza and a fascinating film beginning at 7:00! Please RSVP: director@firstchanceforchildren.org or call (573) 777-1815

Shakespeare’s South: 3991 Peachtree drive, Columbia, MO 65203